

Regional Underage Drinking and Drug Use Prevention Coalition

*Proudly serving Albany, Schenectady &
Schoharie Counties*



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EDUCATING OUR COALITION

Underage drinking remains the biggest NYS substance use problem 7-12 grade use is higher than the national rate.

NYS

Nation

49%

vs.

43% of high school seniors drank alcohol past 30 days

31%

vs.

25% of seniors reported binge drinking in past 2 weeks

15%

vs.

16% of 8th graders drank in the past 30 days

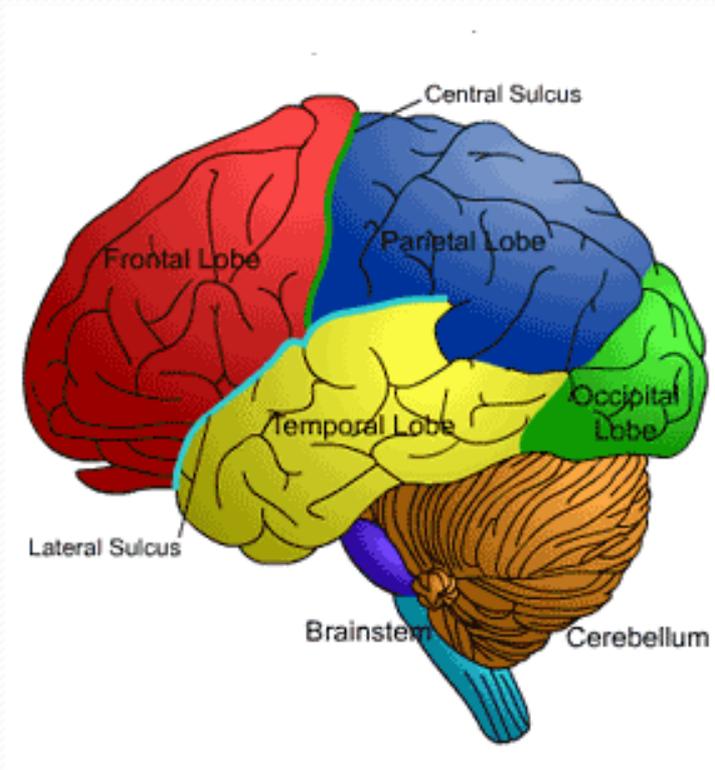
OUR VISION - MISSION

Underage drinking and drug use is a highly significant problem that impacts our youth, schools, families, and the legal and health care systems.

Through this initiative our goal is to prevent underage drinking, substance use and associated problems through education and advocacy in collaboration with all those involved in and impacted by youth substance abuse.

EDUCATING OUR COALITION

Alcohol and the Brain



The frontal lobe controls

- reasoning
- speech
- movement
- emotions
- Problem solving skills
- Control over urges

Healthy choices = healthy brains

Healthy choices = healthy brains

Put garbage in = garbage out

DATA – Across counties

- We had a variety of data across the 3 counties including CTC, YRBS and the OASAS Statewide Survey
- We spent some time looking at the similarities and differences in our data to assess risk and protective factors that predict substance use and other problem behaviors such as delinquency.

The YDS is especially valuable because it provides information on risk and protective factors for school districts and county planning.

WHY we want to focus on youth prevention?

- Alcohol is more attractive to teens than older people.
- Teens are in general motivated by things that give them pleasure. In contrast, adults are most likely to try to avoid pain.
- Parents should start the conversation with their children when they are about 10. The premise must be that children should not drink, period.

So how do we make a difference?

- +Regional Underage Drinking & Drug Use Prevention Coalition – share resources, tri-county projects
- +.....Group ideas.....

Sharing time
and
creativity
resources...

Prescription Drug Disposal Day

Saturday, April 28

10:00 AM —2:00 PM

Clean Out Your Medicine Cabinet of Unused, Unwanted
and Expired Medication!

*Free, Convenient, Confidential, Environmentally-Friendly
Disposal at the Following Sites:*

Glenville Municipal Center—Police Entrance
Niskayuna Police Department
Rotterdam Police Department
Schenectady City Police Department
Schenectady County Sheriff's Office
Scotia Police Department

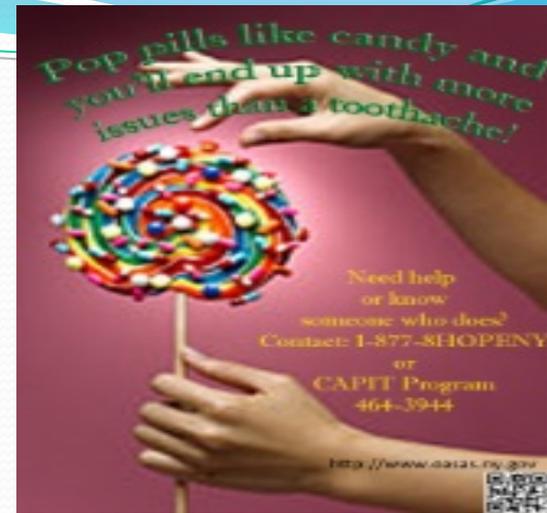
- Prescription Drug Bag Sticker
- Take Back Day flyers and posters

Bus shelter – once you pay for the design you can share across counties

Value of people seeing the same message in a variety of areas

School year book adds

Teen Help Cards



Crisis Chat.org Online Emotional Support www.crisischat.org
How much is too much? www.alcoholscreening.org
Do I have a drug problem? www.drugscreening.org
National Runaway Safeline 1-800-Runaway (786-2929) www.1800runaway.org
Reality Check www.RealityCheckofNY.com
Planned Parenthood, Schenectady 518-374-5353 www.plannedparenthood.org/ppmh
 Capital Region 518-464-3944 www.oapregboces.org

PTA or NP Newsletter Articles

School Vacations, Holidays and Teenagers: A Recipe for....????

Parents know that too much time and not enough supervision can be a problem waiting to happen with some adolescents...

So what is a parent to do? Consider these strategies all year long but be especially attentive to your teens during vacations and breaks from the routine

STOP ACT Grant

All three counties have active substance abuse prevention agencies that provide a variety of prevention programs including; however with limited resources the **percentage of youth and parents that can be served in each county is estimated to be an average of about 25%**. In order to reach more youth, parents and community members to help shift the community norms that influence underage drinking we have worked together to develop several collaborations to share knowledge and resources.

***CELEBRATING
RECOVERY
MONTH***



TALK TO YOUR CHILD

Evidence-Based Drug Prevention Parenting Strategies



- 1.) Check in everyday any way you can to build a positive relationship with your child.
- 2.) Be a good role model when it comes to alcohol and drug use.
- 3.) Have fun with your kids—laugh, talk about something that interests them!
- 4.) Know you child's friends
- 5.) Monitor, supervise and set CLEAR boundaries.
- 6.) Talk to your kids about the risk of alcohol and other drugs. Need more information yourself?

STUDENTS AGAINST DESTRUCTIVE DECISIONS



*Be sure your students
are a part of this
important event...*

We are very
excited to
announce the
details for the 2013
SADD
Conference!

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