

# Addiction is a disease.

# Together, we can stop it.

Heroin overdose is the leading cause of accidental death in New York. Many heroin users start with legal, prescription opioids. This year, New York State leads the nation with the most aggressive plan to combat the epidemic.

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New Yorkers struggling with an addiction, or their loved ones, can get help by calling:

**1-877-8-HOPENY**

(4 6 7 3 6 9)

or texting **HOPENY**

(4 6 7 3 6 9)



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# **Under the leadership of Governor Andrew M. Cuomo, New York State is investing nearly \$200 million to combat the epidemic.**

## **THE PLAN**

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### **Treatment**

- Mandate insurance companies to cover immediate access for needed inpatient treatment for as long as such treatment is needed.
- Mandate insurance companies immediately cover medication and manage withdrawal and support recovery.
- Require insurance companies cover overdose reversal medication kits for addicted individuals and their families.
- Create 270 more treatment beds and 2,335 more medication-assisted treatment slots across the state.
- Increased access to family and peer support and recovery resources.

### **Prevention**

- Lower limits for initial opioid prescriptions from 30 to 7 days.
- Mandate ongoing education on opioid and pain management for doctors and other prescribers to stop over prescribing.
- Robust consumer education programs by pharmacists and other health providers on the risks of opioid addiction and available treatment options.



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