



**Protect Your Children  
BE AWARE & DON'T SHARE**

**YOU SHOULD KNOW**

- 1 in 5 teens are abusing prescription drugs.
- 70% of prescription drugs are obtained from a friend or relative.
- 40% of teens believe prescription drugs are safer than illicit drugs.
- Prescription drugs can be addictive and lethal when misused.
- Combining prescription drugs/over the counter medications and alcohol can cause respiratory failure and death.
- After alcohol and marijuana, prescription drugs are the next most abused drugs among youth.

**WHAT CAN YOU DO?**

- Safeguard all prescription drugs and medications at home.
- Monitor the quantities on a regular basis to control access.
- Dispose of old or unused medications.
- Be a good role model; follow the same rules with your own use.
- Ask family and friends to safeguard their medications.
- Talk to your teen about alcohol and drug abuse and the risks of abusing prescription and over-the counter drugs.

**Brochures are available to download, print and distribute**

[www.oasas.ny.gov/stoprxxmisuse/](http://www.oasas.ny.gov/stoprxxmisuse/)

[www.health.ny.gov/diseases/aids/harm\\_reduction/opioidprevention/index.htm](http://www.health.ny.gov/diseases/aids/harm_reduction/opioidprevention/index.htm)

New York State HOPEline: **1-877-8-HOPENY** (1-877-846-7369)

Toll-Free, Anonymous and Confidential / 24 hours a day, 365 days a year

