

## **Recommended Supervision Definitions and Minimum Requirements**

### **Intensive Supervision**

- Intermittent direct observation
- Co-signature on clinical records
- Supervisor (or designee present or on call at all times)
- Weekly one-on-one supervision meetings

### **Regular Supervision**

- CASAC Trainee – Weekly one-on-one supervision meetings
- CASAC/QHP – group supervision weekly (by Advanced or Master Counselor)
- Advanced Counselor – Peer supervision (2 times/month)
- Master Counselor – Peer supervision (once/month)

### **Other Considerations:**

- Allocation of Time for Supervision – CSAT TIP 52 recommends 20:1 (client hours to supervision time)
- Weekly, regularly scheduled one on one meetings
- Co-facilitation and direct observation